

West District Cross Country Team Championships (Masters Women)

No Trophy

First held on 2/12/1995

Scottish Athletics Federation/Scottish Athletics Limited

Only 1 medal is presented

2025-6	Garscube H	19	Giffnock North AC	25	Cambuslang H	57
2024-5	Garscube H	15	Springburn H	26	Giffnock North AC	38
2023-4	Garscube H	30	Giffnock North AC	35	Troon Tortoises AC	53
2022-3	Garscube H	10	Giffnock North AC	30	Springburn H	38
2021-2	Garscube H	13	Giffnock North AC	43	West End RR	28
2020-1	No Championship due to Covid-19 pandemic					
2019-20	West End RR	26				
2018-9	Bellahouston RR	24				
2017-8	Giffnock North AAC	28				
2016-7	Cambuslang H	35				
2015-6	Garscube H	32				
2014-5	Kirkintilloch O	33				
2013-4	Belahouston H	26	Clydesdale H	35	Giffnock North AAC	44
2012-3	Shettleston H	33				
2011-2	Clydesdale H	138	Belahouston H	153	Greenock Glenpark H	187
2010-1	Bellahouston H	117	Motherwell AC	166	Kirkintilloch O	190
2009-10						
2008-9	Giffnock North AAC	114	Helensburgh AAC	128	Kirkintilloch O	146
2007-8	Springburn H	15	Bellahouston RR	24	Giffnock North AAC	47
2005-6						
2006-7	Westerlands XC	30	Helensburgh AAC	33	Only 2 Teams Finished	
2004-5	JW Kilmarnock H	25	Only 1 Team Finished			
2003-4	City of Glasgow	14	Giffnock North AAC	26	Helensburgh AAC	39
2002-3	Shettleston H Ladies	9	Giffnock North AAC	15	Irvine AC	28
2001-2						
2000-1						
1999-2000						
1998-9						
1997-8						
1996-7						
1995-6						

Age IAAF Qualifying age 40

Age IAAF Qualifying age 35